

## Action Lines

### Thanks to MedGp staff

My wife and I wish to express our sincere gratitude for the performance of medical staff at the 48th Fighter Wing hospital. These people have truly gone above and beyond, and need recognition.

Feb. 16, a major tragedy hit our daughter, who is 7. Within 48 hours, a sore on her hand became the size of a baseball. The quick actions of the inpatient ward staff and Dr. Mark Scheffer, who was called in, without a doubt saved our daughter's left arm from being amputated.

During her stay in the hospital and three surgeries to her hand, the staff in the inpatient ward went well above any praise my wife and I can ever give them.

For instance, SrA. Brian Jackson created a wonderful cartoon picture for Nichole that he designed and made off-duty. The picture really brightened her spirits.

Another person, Amn. Thomas Kinder, became an inpatient himself and still found time to visit with our daughter, the day after his own surgery.

Scheffer, Dr. Michael Liet, and the medical staff on the inpatient ward are truly brilliant! The superior surgery and after-

care treatment provided to Nichole during her stay really sped her recovery. My wife and I wish to give them a special thank you.

TSgt. Robert, Donna, Mitchell and Jenna Steiner

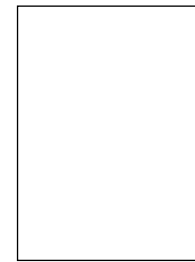
### Vehicle lighting conversions

When our car was shipped here almost one year ago, we had to obey British law and have certain lights converted. The conversion cost was \$80 for parts and labor. It was only after paying the cost and passing the base inspection for the lights that Pass and ID would clear the paperwork and apply for our registration tags. Now, we are seeing three to five different cars daily that obviously did not get any lights converted, yet have the British registration plates. Has the law recently changed?

No. In England, the Secretary of State for Transportation issues road safety regulations. Regulation 16 governs lighting. Enforcement is under the Road Traffic Act of 1988. All vehicles must have red rear lights and all white or all yellow front lights, except for turn signals. These items are reviewed during Ministry of Transportation inspections.

Everyone who registers a vehicle on base must present a completed and signed MOT document. Pass and registration people are

### Action Line



The Action Line is your direct link to me for complaints, suggestions, or comments. It's not intended to replace the chain of command. When normal command and agency channels haven't been able to resolve your concerns, call (Ext. 2324), fax (Ext. 5367), e-mail

(Action\_Line), send through distribution (48 FW/PA), mail (48 FW/PA, Unit 5210 Box 215 APO AE 09464-0215), or hand carry your Action Line to the public affairs office (Bldg. 1085). You may remain anonymous; to receive a reply, however, leave your name, unit, duty or home phone number, and full APO mailing address. Names will be kept confidential.

48th Fighter Wing commander

not authorized to inspect vehicles or issue an MOT document. If an individual has the proper paperwork, we process it to register the vehicle.

Remember, the security police, as well as British authorities, issue tickets for all vehicles that don't comply with the British vehicle code.

#### Editorial staff

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<http://www.lakenheath.af.mil/current/jet48.htm>

## On the cover

Illustration by Dianna Slater

**Dianna Slater, RAF Lakenheath Elementary School 3rd-grade student, depicts her military family. For information about wing activities during the Month of the Military Child, see page 14.**

# Liberty Wing reaches AFAF campaign goal

By 2nd Lt. Evan Pitts  
AFAF project officer

Our installation goal for the 1997 Air Force Assistance Fund campaign was \$39,183. As a community, we met that goal, and numbers continue to grow as the final amount is calculated.

The Air Force places high demands on the men and women who fill its ranks. This demanding lifestyle not only affects military members but also impacts their families. These unsung heroes didn't necessarily sign up to the Air Force way but are the force's backbone. The support provided by families to military members has a vital yet immeasurable impact on the mission.

Unfortunately, difficult times can strike any family. The Air Force provides assistance but is limited in the help it can provide.

Where the Air Force stops, charitable organizations pick up the ball and run. Four of these organizations are official Air Force charities, supported by donations from the Air Force Assistance Fund. They include

the Air Force Aid Society, Air Force Enlisted Widows' Home, Air Force Village Indigent Widows' Fund and the General and Mrs. Curtis E. LeMay Foundation. These worthy charities provide a comfortable and secure retirement environment for indigent Air Force spouses and ensure continued financial and emergency assistance to active-duty and retired members.

Once a year, the AFAF solicits our support in the form of monetary contributions. Last year, contributions from the RAF Lakenheath community totaled \$39,000. In return, the AFAS provided \$273,541 in the form of grants and loans to more than 2,000 local families in need. That's a 700 percent return on investment, and this number does not include support provided by the other AFAF-supported charities. This tangible support is why the AFAF is one of the strongest champions for our Air Force families.

Lakenheath's enthusiastic support of the campaign, combined with contributions from the rest of the Air Force, will ensure help is available for our Air Force families now and in the future.



Photos by SSgt. Steve Ball

The Air Force Academy Catholic Cadet Choir performs at St. Mary's Church in Woolpit.

## Academy choir performs in local area

By SSgt. Steve Ball  
Public affairs

The only thing overshadowing the nearly 300 carved wooden angels adorning the ceiling of St. Mary's Church were the angelic voices of the Air Force Academy Catholic Cadet Choir as they performed Good Friday for the residents of Woolpit.

"With all of the technology we have today, I don't know why they can't build churches that sound like this," said Gary DeKler, assistant choir director, during one of the choir's intermissions. "The sound in this building is astounding. We (the choir members) are really loving this."

More than 150 people turned out at the 13-century church to listen to the cadets perform many traditional American and some English hymns. After a brief intermission and a change

of uniform, the performance took a turn and the choir performed more modern music with some members acting out skits as the choir transitioned from rock, to pop to country music.

Fifty one members of the choir were in the United Kingdom for their spring break. While here, choir members stayed with people from RAFs Lakenheath, Feltwell, Alconbury and Mildenhall.

"They had to pay for the entire trip themselves," said Margaret Fulham, Lakenheath Chapel Catholic religious education coordinator. "We wanted to help them keep it as low-cost as possible so we

asked base members if they would house the cadets. We needed 33 families and had no problem finding them."

Before the performance in Woolpit, which was set up by Rod and Ileen Jones, village residents, the cadets were treated to dinner in a village restaurant.

"The people in the village were thrilled to have the choir here," said Ileen, who is also the Catholic music coordinator at the



A member of the choir portrays a New Yorker during one of the choir's skits.

Lakenheath Chapel. "Their performance was outstanding."

While here, the cadets also performed at the Lakenheath Chapel Saturday night and Sunday morning, and at the Alconbury Chapel Sunday.

"The time change last night (Saturday) was really a killer," said Cadet First Class Mike Rambo. "We performed at the Catholic service last night, which ended at 12:30 a.m., and then had to get up by 5:30 a.m. which was actually 4:30 a.m., to make it to the Protestant sunrise service. But it is definitely worth it. We've had a really great time."

The whole vacation wasn't just work. While here, the cadets had four days to tour the area. Some went to Paris, some went to Amsterdam, some went to London and two of the cadets, Rambo and Cadet Second Class Joe Clansey went to Ireland to try and look up some of Clansey's family.

"These are a great group of cadets," said Chaplain (Lt. Col.) David Cote, Catholic chaplain at the academy and former chaplain at Lakenheath. "I really miss the 'family' at Lakenheath, but being part of developing tomorrow's leaders at the academy is a wonderful opportunity."

The cadets flew back to the states Monday following their performance at Alconbury.



Cadet First Class Kyle Benwitz talks about the academy with people attending the Woolpit performance.

# 48th Fighter Wing Award Winners

## Award winners

□ **Capt. Ken Carpenter**, 494th Fighter Squadron, is the 48th Operations Group Anthony C. Shine Award nominee. The award recognizes a fighter pilot who demonstrates exceptional flying proficiency and professionalism, as well as involvement in the local community.

□ **Capt. Stu Johnson**, 48th Operations Support Squadron, is the 48th Operations Group Aviator of the Year.

□ **Capt. Dean Gerken**, 492nd Fighter Squadron, is the 48th Operations Group Lt. Gen. Claire Lee Chennault Award nominee. The award recognizes the outstanding fighter tactician of the Combat Air Forces and his or her impact the combat capacity and readiness of the CAF.

□ **MSgt. Dave Gilmore**, 5th Space Surveillance Squadron, was selected to attend Officer Training School.

□ **Capt. Bruce Edwards**, 492nd Fighter Squadron, is the 1996 USAFE Malcolm C. Grow Flight Surgeon of the Year Award winner.

□ **SMSgt. Steven Crocker**, 48th Operations Support Squadron, is the USAFE Air Traffic Controller Enlisted Manager of the Year.

□ **MSgt. Glenn Cobb**, 48th Operations Support Squadron, is the USAFE Airfield Management NCO of the Year.

□ **MSgt. Billy Harris**, 48th Fighter Wing, is the USAFE nominee for the Air Force Heritage Project Award.

□ **SSgt. John Smith**, 48th Communications Squadron, received an honorable mention for posters in the USAFE Visual Information Product Contest for "Fighting for a Dream."

**TSgt. Ed Branch**, 48th CS, received an honorable mention for illustrations for "Combating Computer Viruses." **Branch** also received an honorable mention for experimental and mixed media for "Aviano Civic Leaders Tour."

□ **Capt. Thomas Bacon** is the USAFE Pharmacist of the Year. **MSgt. James Brinley** is the USAFE Senior NCO Pharmacy Technician of the Year. **SSgt. Janet Suleski** is the USAFE NCO Pharmacy Technician of the Year. **SrA. Cheryl Washington-Smith** is the USAFE Airman Pharmacy Technician of the Year.

□ **TSgt. Victor Weeden** is the USAFE Outstanding Bioenvironmental Engineering NCO of the Year.

□ **The Liberty Peacekeepers** were named the USAFE Security Police Outstanding Large Unit for 1996.

□ The 48th Security Police Squadron annual award winners were: **Capt. Travis Harsha** – Outstanding Security Police Company Grade Officer; **MSgt. Michael Sydney** – Outstanding Security Police Senior NCO; **TSgt. Aaron George** – Outstanding Security Policy NCO for law enforcement; **TSgt. Scott Ruecker** – Outstanding Security Policy NCO for security; **SrA. Regina Wilson** – Outstanding Security Police Airman for law enforcement; **SrA. John Nick** – Outstanding Security Police Airman for security; **MSgt. Tony Legg** – Outstanding Active Component Combat Arms Training and Maintenance Manager; **SrA. Jeffrey Oyer** – Outstanding Active Component Combat Arms Training and Maintenance

Technician; **SrA. Darcy Peck** – Outstanding Active Component Combat Arms Training and Maintenance Airman; and **MSgt. Dean McCleod** – Billy Jack Carter Award for Outstanding Achievement.

□ **Lt. Col. Kevin Andersen** is the USAFE Outstanding Security Police Field Grade Officer. **TSgt. Aaron George** is the USAFE Outstanding Security Police NCO in law enforcement. **SrA. John Nick** is the USAFE Outstanding Security Police Airman in security. **SrA. Mick Brann** is the USAFE Outstanding Active Component Combat Arms Training and Maintenance Airman for 1996.

□ The **48th Services Squadron** is the USAFE General Curtis E. Lemay Award winner, which means they are the best services squadron in USAFE. They proceed to the Air Force level.

□ **The 493rd Fighter Squadron "Grim Reapers"** are the USAFE nominee for the Hughes Trophy competition. The trophy recognizes the best Air Force air superiority fighter squadron.

□ **Capt. William DeMaso**, 492nd Fighter Squadron, is the 48th Operations Group nomination for the Col. James Jabara Award. The award is presented annually to the Air Force Academy graduate who has a record of superior performance.

□ **The 492nd Fighter Squadron "Mad-hatters"** are the 48th Fighter Wing's Fighter Squadron of the Year for 1996. They will compete at USAFE for the USAFE Commander's Trophy, Outstanding Fighter Squadron.

## April enlisted promotions

### To senior master sergeant

**Francis Imlay**, 48th Equipment Maintenance Squadron; **Robert Murphy**, 48th Communications Squadron; and **Kenneth Stahura**, 493rd Fighter Squadron.

### To master sergeant

**Kalvin Bland**, 492nd FS; **Timothy Downey**, 48th Security Police Squadron; **Gussie Duncan**, 48th SPS; **Daryl Jenkins**, 492nd FS; **Don Leech**, 493rd FS; **Kyle Marchant**, 48th Medical Operations Squadron; and **Ronald Pinson**, 48th Medical Support Squadron.

### To technical sergeant

**William Ackerman**, 48th Supply

Squadron; **Troy Davis**, 48th Civil Engineer Squadron; **Daniel Frazier**, 48th Transportation Squadron; **Elton Harris**, 48th SUPS; **Terele Kincade**, 48th Fighter Wing; **Dennis Knighten**, 48th SPS; **Richard Nitsche**, 48th MDOS; **John Swindell**, 48th Logistics Support Squadron; **Samuel Treat**, 48th SPS; **Calvin Williams**, 18th Intelligence Squadron, Detachment 4; and **Michael Wisniewski**, 18th IS, Det. 4.

### To staff sergeant

**John Bersch**, 48th CES; **George Cannata**, 493rd FS; **Lisa Fecteau**, 48th Dental Squadron; **William Hamby**, 48th SUPS; **Dean Holloway**, 48th MDOS; **Robinson Joseph**, 48th SUPS; **James Leslie**, 493rd FS; **Joseph**

**Pyle**, 48th TRANS; **Michael Schnable**, 48th SPS; and **Michael Wilson**, 48th EMS.

### To senior airman, below-the-zone

**David Kalal**, 48th CS; **Vaughn Rains**, 48th SPS; **Penny Trantina**, 48th Operations Support Squadron; and **Mica Wren**, 48th EMS.

### To senior airman

**Katasha Baer**, 493rd FS; **Alan Bailey**, 48th SPS; **Christiane Behnke**, 48th CES; **Ronald Cannon**, 48th TRANS; **Lucien Carroll**, 492nd FS; **Norman Chalfant**, 493rd

*See Promotions page 8*



# Top 3 local tax questions

By Capt. Jennifer Dickey  
Base tax officer

**If I am not ready to file by the April 15 deadline, can I just wait until next year to file my federal return?**

Denial will only make problems worse. Living overseas can make it more difficult to collect the documents by the April 15 deadline, but it does not excuse you from filing a return; you can obtain an extension on the deadline.

U.S. citizens and resident aliens living outside the United States and whose assigned tour of duty is outside the United States are allowed an automatic two-month extension until June 16 to file a 1996 return. People who choose to take this automatic two-month extension must attach a statement to their federal return stating that they were living outside the United States on the April 15 due date and that their main place of business or assigned tour of duty is outside the United States.

For married people who file jointly, only one spouse needs to be living and working overseas to take advantage of the extension. Interest on the taxes due are charged from the April 15 due date to the date the tax is paid.

This two-month automatic extension only applies to federal returns. People should read the filing instructions for their state return to determine if their state

grants an extension to overseas filers.

People who were deployed to a combat zone or a qualified hazardous duty area such as the Persian Gulf area, and former Yugoslavia, have their deadline for filing a return extended for at least 180 days after the later of:

□ The last day they were in the combat zone, or

□ The last day of any continuous qualified hospitalization for injury from service in the combat zone.

Military members can exclude certain pay from their income if they served in a combat zone or qualified hazardous duty. Military and civilian people deployed overseas away from their permanent duty station in support of Operation Joint Endeavor but outside the former Yugoslavia can't take advantage of the income exclusion, but are still entitled to take advantage of the deadline extension.

**If I don't have the money to pay my taxes, can I wait until next year to file my federal return year?**

People who owe taxes and don't have the money to pay for it by April 15 still have an automatic two-month extension if they live and work overseas. In the meantime, people may want to obtain financial counseling from the family support center to prepare their pocketbook for the June 16 hit. People who find, however, that they are still cash poor and can't

pay the entire amount of taxes can enter into an installment payment plan with the IRS by filing a Form 9465, Installment Agreement Request. There is, however, both interest and a late penalty. People can limit the interest and late penalty by paying as much of the tax as possible when they file the return.

People who know they can pay the full amount due plus interest and late penalty within six months can avoid entering into an installment plan by filing a return, and then paying as much as they can each time they receive a notice for payment from the IRS.

The IRS will send a series of four notices of payment in five-week intervals. Each time people receive a notice of payment, they should pay off as much as possible. People should not consider this option unless they know they can pay off the entire amount due plus interest and late penalty by the fourth notice of payment. People who think they might have problems paying their taxes on

time should make an appointment at the tax center as soon as possible.

**Can I avoid paying state taxes by directing finance to change my state of residence for withholding purposes to a state with no state income tax?**

No. Although a person's state of residence is not registered anywhere, they must be prepared to provide evidence of any change of residence, because their former state of residence may still attempt to collect taxes. People's state of residence is determined by a long-term presence in the state and an intent to remain, or an intent to return when temporarily absent.

The most common methods to prove a change in state of residence include obtaining a driver's license and registering to vote in the new state. Changing a form at finance is not sufficient to change your state of residence. Once people legitimately change their state of residence, they should notify finance so tax withholding may be changed to the new state. Also, people should file part-year resident state tax returns for the old state and new state at the end of the year.

## Tax center closes

The wing tax center is closed from 11 a.m. - 2:30 p.m. April 17 and 18 for a volunteer luncheon and cleaning. The center, located in Bldg. 905 between the library and Electric Avenue, will remain open until June 13 to provide electronic filing, tax assistance and tax forms and publications.

People with access to the Internet can obtain IRS forms and publications from the IRS site at <http://www.irs.ustreas.gov>.

For more information about tax center services, call TSgt. Debra Gallegos or Diane Butler at Ext. 1805.

## Award

From page 7

FS; Robert Gerlach, 48th CS; Michael Glasby, 48th SUPS; Eric MacFarlane, 48th MDOS; Shannon Miller, 48th SPS; Stephanie Petrie, 48th MDOS; Stephen Pippin, 492nd FS; Gregory Sartain, 48th EMS; Andrew Vails, 48th MDSS; James Vaughn, 48th SPS; and Mandy Wallace, 48th SPS.

### To airman first class

James Balzer, 48th SPS; Stacy Boyd,

48th EMS; Alejandro Breceda, 48th CRS; Kimberly Brownlee, 48th SPS; John Closson, 48th SPS; Dennis Crutcher, 48th CRS; John Damron, 48th SPS; Cory Determann, 48th EMS; Jason Dorrington, 48th EMS; Jim Ford, 48th SPS; Yvette Galvan, 48th SPS; James Gardner, 48th SPS; Larry Gill, 48th SPS; William Graham, 48th SPS; Craig Johnson, 493rd FS; Mario Lopez, 48th SPS; Nigil Mann, 48th SPS; Patrick Mason, 48th EMS; Tony Meyers, 493rd FS; Gabriel Patton, 493rd FS; Chad Paulson, 48th EMS; Christopher Proper, 48th SPS; Steve Puente, 48th EMS; Abel Ruiz, 493rd FS; Jason Salapich, 48th CRS; Chad Sanders, 48th EMS; Russell Simola, 48th EMS; Justin

Singleton, 48th EMS; Jeremy Sparks, 48th SPS; Susan Anne Stalcup, 48th DS; Keshia Stephens, 48th Services Squadron; Michael Suglia, 48th EMS; Caleb Sutter, 48th SPS; Michael Sweetman, 48th EMS; Timothy Tholen, 48th EMS; Calvin Thompson, 493rd FS; Larry Tiger, 48th EMS; and Susan Varmuza, 48th EMS.

### To airman

Dina Chambers, 48th Mission Support Squadron; Martin Evans, 48th SPS; Andrew Goodman, 48th EMS; Fatimah Harper, 48th CS; Nichole Lamont, 48th SUPS; and Nicole May, 48th CS.

## Deans and provosts conference begins April 7

A conference of deans and provosts of English cathedrals is in Bury St. Edmunds Monday through April 11.

Lakenheath sponsors the group Monday evening. Their visit includes a windshield tour of the base, a wing mission briefing and dinner. Following dinner, the group will see a chapel mission briefing.

Deans and provosts are equivalent the managing director or chief executive officer of organizations in the corporate sector, according to Linda Laws, 48th Fighter Wing Community Relations Advisor.

## EQUAL list for overseas returnees out April 15

RANDOLPH AFB, Texas (AFNS) – The latest Enlisted Quarterly Assignment Listing of available overseas returnee enlisted assignments becomes available at military personnel flights and on Air Force Personnel Center's World Wide Web Home Page April 15.

This list includes assignments for people eligible to return from overseas in August through October 1997.

Personnel officials recommend assignment preferences be updated by May 2 to ensure the information is updated in the computer system before actual assignments are made. AFPC officials say assignments will be released on or about June 2.

EQUAL advertises upcoming assignment requirements by Air Force Specialty Code and rank, and gives people a chance to update their assignment preferences to more realistically match vacancies that will be filled in a particular cycle.

Local military personnel flights offer a publication titled, "Enlisted Overseas Returnee Counseling Handout" that explains how to use EQUAL.

New listings are released quarterly for assignments available at overseas locations as well as assignments available for those returning from overseas areas. All special duty assignments appear on EQUAL-Plus and are updated weekly.

Military personnel flights and unit orderly rooms have copies of the listings and can help people update their preferences. People can access the AFPC home page using the address <http://www.afpc.af.mil/>. Then click on the highlighted "assignments" text.

## Power outage at Croughton

All AAFES facilities at RAF Croughton will be closed from 10 a.m. - 7 p.m. April 6 because of a power outage.

## AF takes applications for medical service corps

RANDOLPH AFB, Texas (AFNS) – Air Force members, officer and enlisted, interested in joining the medical service corps may apply to compete at the Medical Service Corps Accession Board.

The board is scheduled to meet here in October, say medical service corps officials with the Air Force Personnel Center.

The board considers U.S. Air Force Academy and ROTC cadets, and active-duty officers and enlisted candidates for positions within the health administration career field.

Applicants can be no older than 34 at time of application, and must hold an undergraduate degree.

Undergraduate and graduate degrees must be completed by June 1998; applicants must provide their most recent GRE or GMAT scores. The tests must have been taken since October 1992.

Interested servicemembers can call DSN 487-4094 or commercial (210) 652-4094 by April 11 for specific application instructions. Application deadline is Sept. 1. (Courtesy of AFPC News Service)

## Liberty Warrior

"Can do" person of the week



Photo by SSgt. Valerie Weaver

## A1C Christopher McGovern

### 493rd Fighter Squadron

**Hometown:** Middletown, Pa.

**Role in mission:** I load and unload all munitions of the F-15C and D model air-to-air aircraft. I also maintain all weapons and associated equipment for the aircraft by performing functional checks and doing repairs.

**Hobbies:** Playing any sports, weightlifting, furthering my education through the University of Maryland and spending time with my family.

**Where do you see yourself in 10 years?** I see myself either working my way up the corporate ladder in an engineering firm or as a master sergeant furthering my Air Force career.

**What would you do to make things better at RAF Lakenheath?** I would like to improve the hours of operations for service facilities to make them more user friendly.

**Why did you join the Air Force?** For the education and traveling opportunities.

**Who is your role model and why?** My father, for all of the support and guidance he provided over the years and for the strong sense of self satisfaction in keeping myself and my family healthy and happy.

**What do you like best about the Air Force?** I really enjoy the interaction among the vast variety of people.

## Did you know?

The new women's service dress hat and an additional women's mess dress blouse have been approved for wear.

The hat, also known as the bucket cap, is mandatory for field-grade officers and optional for company-grade officers and enlisted members. The hat may be worn as soon as it is available. It is solid blue with a rounded design and the sides form a front brim with a removable band. Field grade and general officers will wear clouds and darts on the band. The large size hat insignia with nickel antique finish and polished highlights should be centered on the front of the cap. All officers will wear the insignia without the circle, and all enlisted members will wear the insignia with the circle.

The additional mess dress blouse may

be worn in place of the current pleated ruffled blouse as soon as it becomes available. The blouse is white with a commercial design. It is short- or long-sleeved with a barrel or French cuff and conventional soft dress-style with turn-down collar with quarter-inch pleats or eighth-inch pintuck pleats in front. Cufflinks and studs are optional. The wing and stars-design oval cuff links bearing the Air Force coat of arms in plain, silver, satin finish or highly polished cuff links and studs may be worn. The studs and cuff links are worn as a set.

As a reminder, the women's long- and short-sleeved blouse with fly-front closure with rounded collar were phased out Jan. 1.

For more information, call HQ AFPC/DPSFC at DSN 487-3996.

# Cathedrals have rich histories

By Linda Laws  
Community relations advisor

A significant and rare event will take place in Bury St. Edmunds next week, but this event will probably go unnoticed by most of the local population. What is even more unusual is that RAF Lakenheath will play a part in this event. So, what is it that is so special?

Each year, a conference of deans and provosts takes place in one of the 42 cathedrals of England, and this year it will be held in the diocese of St. Edmundsbury and Ipswich. The meetings will take place in Bury St. Edmunds.

The role of deans and provosts is rather like that of the managing director or chief executive officer of an organisation: as well as being ordained church members, they are also administrators and deal with the day-to-day running of their cathedral. Where the cathedral was once a parish church, as in the case of St. Edmundsbury, a provost is usually in place rather than a dean.

Lakenheath's part will be to sponsor a number of the participants of the conference on the base, giving a base tour followed by dinner at the officers' club Monday evening.

Of the 42 cathedrals in England, East Anglia has its share. The nearest to the base is Ely, and further afield are the cathedrals of Norwich and Peterborough. Some cathedrals are more well-known than others, and some are relatively modern, such as Bury St. Edmunds'.

## St. Edmundsbury Cathedral

The church of St. James became a cathedral in 1914 when the diocese of St. Edmundsbury and Ipswich was created. The cathedral became known as St. Edmundsbury Cathedral. At the beginning of this century, the eastern part of the county was in the diocese of Norwich, while the west was in the diocese of Ely. As long ago as 1070, there had been attempts to establish a cathedral on the site, initially thwarted by fierce opposition at the time from the monks who had their own church on the site.

Unlike many cathedrals of England, on entering St. Edmundsbury cathedral you have the impression of space and light, and you will

also notice that it is not as large as other cathedrals. It is a very light building and colourful painting is one of its features. Look, for example, at the painted hammer beam roof of the nave, the main part of the church. This painting was completed as recently as 1982. The nave itself was started in 1503.

## Ely Cathedral

This cathedral is considered one of the grandest of England's surviving Norman churches. The Norman cathedral was built between 1083 and 1130. Probably the most famous feature of Ely Cathedral is the Octagon. The Octagon replaced the central tower which collapsed in 1322. The collapse is not surprising since Ely Cathedral is built on land which was once covered in water – indeed the cathedral used to be on an island.

Like St. Edmundsbury, the current cathedral was built on the site of an ancient monastery. The bishopric was founded in 1109.

Ely Cathedral and RAF Lakenheath have a close association – it is the venue used by the high school for their graduation ceremony, and for several years has held the Thanksgiving service. Old churches and cathedrals can be very cold this time of year and if you intend to participate, you might like to think about warm clothing.

## Canterbury Cathedral

You will pass close to Canterbury Cathedral if you travel to the continent by ferry from Dover, for the cathedral is located off the A2 in Kent.

Canterbury Cathedral is the administrative centre of the Church of England, and its archbishop is Primate of All England. The position is currently held by Dr. George Carey. The cathedral has been the seat of an archbishopric since it was founded in 597, the year that St. Augustine – the first archbishop – was sent from Rome to convert the Anglo-Saxons to Christianity.

The most famous occurrence in this place of worship was the murder of Thomas à Becket inside the cathedral in 1170, a terrible deed ordered by Henry II. Though the shrine, which had become a place of pilgrimage in the Middle Ages, was destroyed on the orders of Henry VIII, the spot Becket was murdered is marked by a plaque.

## St. Paul's Cathedral

The dome of St. Paul's has to be one of the

## St. Edmundsbury Cathedral

most familiar of London's sights, and even if you have not visited it, is likely to be recognisable in tourist literature. There has been a cathedral on this site for 1,400 years, the first Saxon cathedral being built in 1090. This was re-built following a fire in 1136. The Great Fire of London in 1666 reduced the cathedral to a ruin. Sir Christopher Wren, one of England's most distinguished architects, was commissioned to re-build St. Paul's in 1668.

In addition to its other fine features, one of the popular areas for visitors to explore is the whispering gallery, which is reached from a very long set of winding stairs.

Here I have mentioned just a few of the great cathedrals of England but you will find plenty to discover if you visit any of the 42.

## Linda's tip

This weekend, the world-famous Grand National horse race meeting takes place at Aintree Racecourse, Liverpool, Merseyside. The event takes place over three days and ends Saturday, but the main race is at 3:45 p.m. Saturday. There will be extensive television coverage, and a tradition in this country is for people in their work groups to establish a sweepstake – names of runners can be obtained from newspapers. For more information, call (0151) 523 2600.



**For more  
information  
about living  
in Britain,  
call me at  
Ext. 3145.**

## Month of the Military Child

### **Kids-Fest**

(10 a.m. - 3 p.m., April 12)

All-day games, booths, face painting, cookie decorating and information fair at the RAF Lakenheath Child Development Center and Liberty Park, behind Electric Avenue. Open to all children up to 12 years old. Parents must accompany children. Hosted by the child development center, Lakenheath and RAF Mildenhall family support centers and family advocacy.

### **Feltwell Furniture Store sale**

(Sunday - 12)

Ten percent to 20 percent off selected baby furnishings such as gliders, rockers, cribs, strollers, Winnie the Pooh decor, car seats and high chairs. Sale items are subject to availability.

### **Four Seasons, Toyland sale**

(throughout April)

Fifty percent off the prices on limited quantities of certain toys during the month of April. Sale items may be subject to availability.

### **AAFES main exchange**

(April activities)

**Tuesday** - video release of "Dragon Heart"

**April 11 - 21** - 30 percent off all boys Polo clothing

**April 12 - 18** - 30 percent off boys BDUs

**April 15** - video release of "101 Dalmations"

**April 19** - Kids' computer class, 8 - 10 a.m.

### **Youth activities week**

(Monday - April 11)

**Monday** - Sailing, ages 8-18, \$25

**Tuesday** - Horseback riding, ages 8-18, \$15

**Wednesday** - Go-karting, ages 8 - 18, \$18

**Thursday** - Forest paintball, ages 14-18, \$35

**April 11** - Orienteering, ages 12 - 18, \$10

### **Free children's video rental**

(Wednesday and April 23)

Electric Avenue offers free video rental for children's movies to children 12 and younger.



Photo by Veronica Ducharme

(From left) Trevor Ducharme, Colton Remedies, Trevor Bagley and Desiree Ducharme practice their painting skills at a home day care center.



### **"Why Military Children are Special"**

I am a military child and I am special because I have a clean house to live in and good food to eat. I am also special because there are doctors in case I get sick. This is because my dad has a steady job in the military.

Military children are special because we get to travel to different countries, places, and go sightseeing. We get to travel by different ways, too. Some ways I have traveled are by bus, airplane, ferry boat, car, underground tube, and train.

Military children are special because we are able to meet new people. I have made many new friends. I also like learning about the different cultures.

Being a military child has given me many experiences. I have been able to see different things and places, eaten different types of food, and seen how other countries help each other.

By Amber Day  
3rd-grade student

This month RAF Lakenheath celebrates the Month of the Military Child. The base is home to more than 3,500 children between the ages of six weeks and 18 years. The Department of Defense Schools here educate more than 3,200 students and many attend British schools off-base. Military children are without a doubt an important part of the Lakenheath-Feltwell community.

Plenty of events and activities are being offered this month in recognition of military children. If you have children, be sure to take time to show them how much you appreciate them. Our children are a special part of our community and deserve to know how important they are.

**Col. Doug Richardson**  
48th Fighter Wing commander





Photos by MSgt. Scott. Martin

A1C Oswaldo Garibay scans the airfield from a tower on the Tuzla AB flightline.

## Base cops provide security in Bosnia – Herzegovina

By MSgt. Scott Martin  
Public affairs

When USAFE officials selected the 48th Security Police Squadron as the best large SP unit in the command for 1996, they no doubt considered many aspects of the 48th SPS performance during the year.

One aspect of the unit's history has been it's involvement in two unique and historical operations in the Balkans — operations Joint Endeavor and Joint Guard.

Twenty-eight members of the 48th SPS recently returned from their nearly four-month tour of duty with the 4100th Group (Provisional) at Tuzla AB, Bosnia – Herzegovina, a tour they began in December as part of Operation Joint Endeavor and ended as part of Operation Joint Guard.

But regardless of the operation's name, the RAF Lakenheath cops had one mission at Tuzla.

"To provide a secure environment for Air Force assets," said TSgt. Donald Bleistein, who was the 4100th GP(P) security police superintendent before he returned home with his flight March 22.

In many ways, the security police job at Tuzla is very similar to what many cops do in England every day — flightline security. But security at Tuzla is carried out under vastly different conditions than here, and under another name — force protection.

With just more than 200 people assigned, the 4100th GP(P) operates the only air bridge into NATO's Multi-National Division, North — the American sector of Bosnia – Herzegovina. Located in the heart of a country fractured by fierce civil war, Tuzla AB is in the middle of what is still considered a war zone.

Just because there's peace now doesn't mean there are no hostile threats, a fact Lakenheath security police saw for themselves during their time at Tuzla. In February, one 48th SPS member was directly responsible for averting what may have been a hostile incursion onto the base.

One night while teaching security police augmentors how to use a thermal-imaging device, SrA. Martin Ratkowski was scanning the southern perimeter of the base from his position in a lookout tower, when he spotted what he called a "hot spot" just outside the perimeter fence

"I thought, 'all right, we'll see if this thing moves,'" he said. "At the same time, there was an Army patrol walking in that direction. I called to give them a heads-up that there may be something there. When the Army patrol stopped, the person got up and moved a little bit away, because the Army patrol was right on top of him."

Using his thermal imager to maintain sight of the potential intruder and the Army patrol, Ratkowski directed three Army Bradley Fighting Vehicles to the area where the vehicle crews could use their own thermal imagers to search for the intruder.

Apparently sensing he or she was seen, the intruder left the area without causing any trouble, although that may have been their intention.

"Let's just say their actions indicated they had some kind of military training," said SSgt. Stacy Pierpoint, flight sergeant. "They knew what they were doing; they weren't just kids."

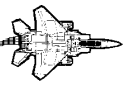
This was one of several known instances of people seen near the perimeter of the base and gave weight to the security police mission of force protection.

**See Tuzla, page 16**



A1C Greg Lamonica at the Tuzla AB entry control point during a snow storm.





## Handling food improperly could impact wing mission

By Capt. Megan McCormick  
Public health

*Editor's note: With Air Fete, Fourth of July, a bazaar and warm weather rapidly approaching, the public health staff has received many queries about approval for temporary food facilities. This article provides information on how the approval process works. Requests for temporary food sales must also be approved by the 48th Service Squadron.*

All temporary food facilities that prepare food items for sale to the public must be approved by the 48th Medical Group military public health office.

The goal of this approval process is to ensure people follow safe food practices and maintain the health and safety of the base population. Public health works with groups to find reasonable alternatives if their initial plans are not approved.

People need to understand, however, that bending the rules can have direct mission-crippling impact.

The following standards must be applied to all food sales to the public.

❑ Foods must be procured from approved sources such as the commissary.

❑ Requests to sell raw poultry and pork, meat items, especially ground products, and items that require many ingredients or many chopped items are heavily scrutinized due

to the large amount of handling they require. Public health is particularly hesitant to allow operations to handle raw poultry because it must be considered already contaminated with Salmonella bacteria from processing, and preparers must take special precautions. Some organizations successfully use pre-cooked chicken products available at the commissary. Hotdogs are precooked, require little handling and are another good choice, as well as hamburgers, which are often pre-prepared in patties, and sausages. These items require little handling, and though the public health staff must ensure they're thoroughly cooked, they will be usually approved.

❑ Foods may not be prepared in the home. When cooking, four hours is the absolute maximum time when it is safe to let food be in the "danger zone" for bacterial growth (between 40 degrees and 140 degrees). Home refrigerators do not have the cooling or space capacity to rapidly bring hot items down to safe temperatures, especially when dealing with the larger volumes usually involved in items for sale. It's safest to keep raw items cold, then heat or cook them at the site just before serving. Another reason for this policy is the staff can inspect temporary food facilities and educate people if things aren't being done properly but they can't monitor operations in people's homes.

Many people don't follow every food-handling rule when they're cooking at home.

Taking a risk at home is a personal choice. But when serving a large number of people, the risk is magnified. The bottom line is improperly handled food can threaten the entire wing's mission-ready capability. The Liberty Wing can't afford to take that risk.

Squadron functions that do not offer food for sale to the public do not fall under public health jurisdiction. They do, however, pose a potential foodborne illness outbreak risk — especially during the summer months when it is more difficult to maintain foods at safe temperatures. If unit commanders or supervisors have concerns, the public health staff is available to educate people and make recommendations. The staff also provides foodhandler training for groups such as the officers' wives club or enlisted spouses club, which tend to participate in many of these events.

For more information on safe foodhandling practices, call the public health staff at Ext. 2235.

Bake sales are also approved through public health but are not as closely regulated because they normally offer safe items for sale. The staff rarely restricts these operations, but requires that food be protected from contamination with individual wrapping. Baked goods should not contain fillings such as cream or custard.

## Tuzla

From Page 15

These were isolated instances in a daily routine that was largely peaceful and predictable for Lakenheath's security police. But even so, it was a learning experience for many.

"It's been an education," said Capt. John Young, who commanded Lakenheath's deployed cops at Tuzla. "For 16 years, I've done this in practice about a thousand times, but I never did it for real. It's a lot easier than I thought it was going to be."

For the captain, working with the Army turned out to be a pleasant experience. Others learned more about themselves and the people they work with.

"One thing about a deployment (is), you learn more about the people you deploy with and the relationships you build with them," Bleistein said. "When you go back, you relate to them better overall."

Still another learning experience was doing something that for now is peculiar to operations in Bosnia — armed convoys. Any time U.S. servicemembers at Tuzla leave the base, they must be a part of an armed convoy, something new for Lakenheath's cops.

"The one thing we don't do that often is convoys," Bleistein explained. "We got trained on it prior to coming down here, at the regional training center in Sembach, Germany. This is an experience that we gain a lot of experience from."

Liberty Wing cops also learned to live with aspects of life peculiar to Tuzla AB — mud, which seems to be everywhere most of the time; dust when there's no mud; living in tents, which most Air Force people there said was not such a bad thing; working six or seven days a week ("every day is Monday" is the local saying); drinking bottled water all the time; and seeing the local village just outside the perimeter but not being allowed to venture into it except in a vehicle convoy.

People fortunate enough to go off base in a convoy could see the effects of the war NATO stepped in to stop, for which many locals thank U.S. and NATO troops.

"The Bosnians actually say thank you personally," Ratkowski said. "When we're out there, the Bosnians say thank you for stopping this war."



Amn. Jeremy Sparks (right) stands as part of an international color guard assembled to greet Secretary of Defense William S. Cohen at Tuzla AB.

Lakenheath's most recent experience in Bosnia was peaceful, as it has been there for more than a year. But that doesn't dampen people's pride at having served in this historic peacemaking endeavor.

"I'm glad I'm here," Pierpoint said. "This is history in the making, hopefully, and I'm proud to be a part of it."



For information about chapel and off-base worship services, call the RAF Lakenheath chapel staff at Ext. 3711.

## Earth Week activities

RAF Lakenheath and Mildenhall are competing to see which base can recycle the most cans and newspapers April 22 and 23 in observance of Earth Week. People should bring cans and newspapers to the recycling centers near the self-help store or outdoor recreation. The Earth Day committee will present a trophy to the base that recycles the most materials. For more information, call Rex Keegan at Ext. 3988.

To show concern for the environment, people are encouraged to ride bicycles to work April 21 - 25. The Pedalers Bike Shop offers free bicycle safety checks and gives a five-percent discount on new bicycles to people who state, "Earth Day is bike day."

People can get cars tuned up at the auto hobby shop for \$12.50 during Earth Week. Customers must supply necessary parts.

## Fertility workshop

A fertility workshop is from 12:30 - 2:30 p.m. April 13 in the family support center conference room. This is the first of several workshops. For details, call Ext. 3847.

## Professional development

A lieutenants professional development program is May 7 - 9 at the officer's club. The program, sponsored by the company grade officers' council, focuses on leadership concepts and is designed to bridge the gap be-

tween a lieutenant's commissioning source and squadron officers school. All participants must have at least one year of commissioned active-duty service. For more information, call 1st Lt. Susan Pietrykowski at Ext. 5908 or 1st Lt. Troy Gilbert at Ext. 4244.

## Protestant men's retreat

The 1997 Protestant Men's Retreat is May 16 - 18 at Letton Hall, near Shipdham, Norfolk. Bob Reehm, career missionary to the military, is the guest speaker. For more information, call Mike Pratt at (01638) 533108 or the chapel at Ext. 3711.

## Craft fair

The RAF Alconbury Community Activity Center sponsors a crafts fair from 10 a.m. - 5 p.m. April 12. Vendors showcase arts, collectibles and small antiques. The fair is open to all military identification card holders. For details, call (01480) 414828.

## Spring fashion show

Syene Temple #193 sponsors a "Sounds of Motown" spring fashion show May 3 at the Newmarket Celebrities cabaret club. Cost is \$10 or \$15, depending on seating. For details, call MSgt. Jesse Turner at Ext. 5443.

## Wellness fair

RAF Mildenhall's health and wellness and fitness and sports centers sponsor a wellness fair from 9 a.m. - 5 p.m. May 9. For details, call Tenia Reyes at (01638) 547161.

## Job opening

The commissary seeks a sales store checker and store worker. Forms are available at the commissary administrative office from 8 a.m. - noon Tuesdays and Thursdays. U.S. citizenship is a requirement. For details, call Ext. 3515.

## PACE activities

People Associated for Cultural Enrichment

sponsors a car wash from 10 a.m. - 2 p.m. Saturday in the high school annex parking lot across from the fitness and sports center. For more information, call Pam Simpson at Ext. 2020.

PACE sponsors a bowl-a-thon from 1 - 4 p.m. April 19 at the bowling center. For more information, call Pat Greene at Ext. 3582.

## Undley-to-Lakenheath road

The road between Undley and Lakenheath is closed Monday through April 11 for major road work. Alternative route through the area is the C602 via Hollywell Row and the B1122 via Eriswell.

## 493rd change of command

The 493rd Fighter Squadron change-of-command ceremony is at 10 a.m. April 18 in Hangar 7. For more information, call MSgt. Roberto Moreno-Almeida at Ext. 5513.

## Computer classes

The 3rd Air Force small computers staff posts courses they offer on the base bulletin board on Microsoft Exchange. CC:Mail users will be able to access the list beginning in April. To attend a course, contact unit training monitors or computer custodians.

## Guest-house charges drop

RAF Menwith Hill has restructured its guest-house charges for space-available travelers from \$30 per person per night to \$30 per room per night. Rooms can't be reserved in advance. The rooms are normally released after noon to travelers. For more information, call DSN 262-7895.

## Volunteers needed

The Jason Project VIII staff seeks volunteers to help in many areas including assisting students with equipment and working as guides. The project takes place April 28 - May

See Community page 21

# Family Support

Contact the family support center staff at Ext. 3847 for information on the following programs, or stop by Bldg. 692. All classes are held in the family support center unless otherwise noted.

## Hearts Apart

The Hearts Apart support group meets from 10 a.m. - noon today and April 11 at the base chapel. The meeting provides spouses of deployed active-duty members with a

place to meet for support and information. Children can attend Little Hearts Apart. The program covers topics regarding children's feelings about separation. Activities include letter-writing and exploring feelings. It runs until noon.

## Teen life

A teen life group meets from 5 - 6 p.m. today at the youth center. The class promotes personal development and coping skills for teens. Topics include self esteem, handling relation-

ships, dating and family communication.

## Spouses group

The foreign-born spouses group meets from 10 a.m. - noon today in the conference room. The group provides a forum for spouses and addresses issues including immigration, naturalization, citizenship and more.

## Newcomers' briefing

A newcomers' and readiness briefing is from 8 - 11:30 a.m. Tuesday in the base theater. The briefing highlights the impact personal readiness plays in mission readiness. It also provides information in finances, job

searching, using TRICARE and British health services and more.

## Volunteer orientation

A volunteer orientation seminar is from 10:30 a.m. - noon Tuesday in the small classroom. Learn about volunteer professionalism, child care and more.

## Youth life

A youth life group meets from 4:30 - 5:30 p.m. Thursday at the youth center. The group promotes development and coping skills among preteens. Topics include self esteem, friendships, dating and more.

## Lakenheath Scrapbook

**TSgts. Peggy and John Matthews laugh it up at a 372nd Training Squadron Detachment 16 function.**

*People with community photos who would like them published in the "Jet 48" should bring them to the public affairs office in the wing headquarters building or call Ext. 5640.*



Photo by Debra Whitcraft

## Community

*From page 19*

9. The hours are 9 a.m. - noon and 1:30 - 10 p.m. Mondays through Fridays and 12:30 - 10 p.m. Saturdays. For more information, call Ext. 7220.

### Orthodox church services

The Orthodox church services for Lent are:  
☐ Mattins with Great Canon of St. Andrew of Crete - 7 p.m. Wednesday  
☐ Mattins of the Akathistos - 7 p.m. April 11

☐ Fifth Sunday of Lent, St. Mary of Egypt - 9:30 a.m. - April 13

☐ Vespers and pre-sanctified liturgy - 7 p.m. April 16

☐ Lazarus Saturday - 9:30 a.m. - April 19  
☐ Vigil for Palm Sunday - 6 p.m. April 19

☐ Entry of the Lord into Jerusalem, or Palm Sunday - 9:30 a.m. April 20.

Services will be held at St. John De Sepulchre Church, Ber Street, Norwich. For details, call Rev. Patrick Hodson at (01362) 6993397 or Julian Sadowski at (01603) 455273.

### Children's group

The family advocacy program is starting a group for children who have been impacted by family violence. For more information, call Julia Thacker at Ext. 2409.

### Advance theater tickets

People can purchase advance tickets for theater performances at the movie theater at Special T's, located inside the Shoppette. Tickets are available up to seven days in advance and are on sale from 10:30 a.m. - 6 p.m. week-

days and from 10:30 a.m. - 3 p.m. Saturdays and Sundays. The RAF Mildenhall food court also sells advance tickets for the Mildenhall theater. For more information, call (01638) 532208.

### Logistics group banquet

The 1996 48th Logistics Group Professional Performer of the Year banquet is April 18 at the officers' club. Social hour begins at 6 p.m. and dinner is 7 p.m. Attire is semiformal or mess dress. Cost is \$15 per person for E-6 and below and \$18 for E-7 and above. For details, call Ext. 3157.

### Blood drives

The blood donor center sponsors a blood drive April 17. For more information or to make an appointment, call Ext. 6524.

### Health and wellness center

The health and wellness center sponsors the following activities:

☐ Back-pain classes are from 10 - 11 a.m. April 9 and 23. Discussions center around strengthening techniques, body mechanics and how to lift and sit correctly.

☐ A stress management course is from 1 - 3 p.m. Fridays April 11 through May 2. Attendance is not annotated in medical records.

☐ A tobacco cessation class is from noon - p.m. Fridays from April 18 through June 6. Nicotine patches are offered for use during the course.

☐ People who want to know their body statistics and cholesterol level should make an appointment to have their body fat, height and weight measures and have cholesterol levels and blood pressure checked. People should not eat or drink anything except water for 12 hours before the appointment.

☐ For information on any health, exercise,

physical activity and fitness issues, people can make an appointment with the exercise physiologist at the center.

For more information on any of these programs, call the health and wellness center at Ext. 2710.

### Red Cross

☐ The Red Cross needs people to fill these positions: summer youth program chairperson, hospital chairperson, elementary school chairperson, newsletter publicist, assistant chairperson of volunteers and emergency message volunteer.

☐ Applications for the summer youth volunteer program are available at the Red Cross office, Bldg. 975. Deadline for application is June 1. For more information, call Ext. 1855.

### Testing schedule

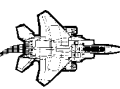
The Miller Analogies Test is April 23. Registration deadline is two weeks before the test date. For more information, call the base education center at Ext. 3851.

### Air National Guard

The West Virginia Air National Guard has traditional guardsmen openings for pilots, navigators and all enlisted Air Force Specialty Codes. For more information, call DSN 366-6126 or 1-800-228-1205. This number is not a free call outside the United States.

The California Air National Guard accepts Palace Chase and Palace Front applications for all E-5s and below who are qualified to cross-train into the following Air Force Specialty Codes: 2E1X1, 2E1X3, 2E6X2, 2E6X3, 2T4X1, 3E0X2 and 3E1X1. For more information, call MSgt. Ed Heinbaugh at DSN 359-9082 Ext. 562 or commercial (800) 352-1881.





## What's on at

**48th Services**  
RAF LAKENHEATH  
Combat Support & Community Service

### Friday – April 4

- The auto crafts center sponsors an all-nighter from 9 a.m. today - 6 p.m. Saturday. It's closed Sunday and Monday. (Ext. 2454)
- Teen Talk is from 4 - 5:30 p.m. at the youth center. (Ext. 3180)
- "The Fever" plays from 9 p.m. - 2 a.m. at the rod and gun club. (Ext. 2368)

### Saturday – April 5

- The youth center sponsors a computer club meeting from 1 - 4 p.m. (Ext. 3180)
- Information, Tickets and Tours sponsors trips at 6 a.m. to Alton Towers and at 3 p.m. to the Jack-the-Ripper walk. (Ext. 2979)
- The golf course steak house opens at 5:30 p.m. (Ext. 2223)

### Sunday – April 6

- All videos, except new releases, are \$1 today at Electric Avenue. (Ext. 2067)
- "South of the Border" Sunday brunch is from 10 a.m. - 2 p.m. at the Liberty Club. It is open to all ranks. (Ext. 3869)
- A family skate is from 2 - 6 p.m. at the skating rink (Ext. 1627)

### Grand opening of steak house

The RAF Lakenheath Golf Course Steak House opens Saturday. Evening dining is available from 5:30 - 9 p.m. Fridays, Saturdays and Sundays. The steak house is open to all ranks. For more information, call Ext. 2223.

### Hockey equipment available

The skating rink pro shop sells hockey equipment. For more information, call Ext. 1627.

### Youth center essay contest

The youth center sponsors a sports essay contest on "Why Air Force sports has been important to my family and me." The winner of the local contest will be submitted to the Air Force level for a chance to win a free scholarship to the 1997 Baseball Academy Summer Camp at the Adidas Baseball Academy in Bradenton, Fla. Deadline for entries is April 21. Applicants must be at least 14 and less than 19 by June 30. For

details, call Karl Pfoor at Ext. 3735.

### Auto crafts center closure

The auto crafts center is closed Sunday and Monday for renovations. For more information, call Ext. 2454.

### Children's special

In honor of the Month of the Military Child, Electric Avenue sponsors a Children's Day promotion Wednesday and April 23. Each child accompanied by an adult receives one free children's video rental for the day. For more information, call Ext. 2067.

### Arthurian legend series

The next Arthurian legend series lecture is April 11. The lecture is from noon - 1 p.m. at the library and is about "Tristan and Isolde." Call Ext. 3713 for more information.

### Kidfest '97

The child development program sponsors Kidfest '97 April 12. All children 12 and under and their parents are invited to attend. The event is being held at the child development center and Liberty Park from 10 a.m. - 5 p.m. For more information, call Ext. 3285

### Tae Kwon Do

The Shepherd's Grove Community Activity Center offers Tae Kwon Do classes at 7 p.m. for children and 8 p.m. for adults Wednesdays and Fridays. Prices start at \$20 with a discount for additional family members. For more information, call (01359) 250269.

### Sewing machine estimates

The arts-and-crafts center provides free estimates on sewing machine repairs. For more information, call Ext. 2194.

### April specials

Equipment rentals offers the following specials for April: half price on all tent rentals and 10 percent off all video tape conversions. The Pedaler Bike Shop offers 10 percent off all tires in stock.

## At the movies

### RAF Lakenheath

#### Friday

7 p.m. - "The Evening Star" (PG-13) Starring Shirley MacLaine and Bill Paxton. Aurora Greeway, from "Terms of Endearment," has spent her time raising three grandchildren and has forgotten she has a life of her own.  
10 p.m. - "Metro" (R) Starring John Travolta and William Hurt. A hostage-negotiation expert is assigned to break in a rookie sharpshooter. The two find themselves engaged in a cat-and-mouse game with a killer.

#### Saturday

4 p.m. - "Fierce Creatures" (PG-13) An international company purchases a failing London zoo and decides that the zoo will only house fierce predators. But the zookeepers want to keep their cute animals.

7 p.m. - "Turbulence" (R) Starring Ray Liotta and Lauren Holly. A jumbo jet flying toward Los Angeles International is taken by a serial killer who murders all the flight crew except for one flight attendant, whom he terrorizes.

9:30 p.m. - "The Relic" (R) Starring Penelope Ann Miller and Tom Sizemore. An evolutionary biologist is plunged into a nightmare world when her friends and colleagues are slaughtered by a mysterious assailant.

#### Sunday

4 p.m. - "Fierce Creatures" (PG-13)

7 p.m. - "Turbulence" (R)

#### Monday

7 p.m. - "Turbulence" (R)

#### Tuesday

7 p.m. - "The Relic" (R)

#### Wednesday

7 p.m. - "The Relic" (R)

#### Thursday

7 p.m. - "Fierce Creatures" (PG-13)

#### April 11

7 p.m. - "Fierce Creatures" (PG-13)

9:30 p.m. - "The Relic" (R)

### RAF Mildenhall

#### Friday

7 p.m. - "Fierce Creatures" (PG-13)

9:30 p.m. - "Scream" (R) Starring Neve Campbell and David Arquette. Wes Craven's thriller creates turmoil in a quiet California town when a murderer makes young people his latest targets.

#### Saturday

7 p.m. - "Beverly Hills Ninja" (PG-13) Starring Chris Farley and Nicolette Sheridan. A ninja's adopted son tries to follow in his father's footsteps but proves pathetic at martial arts.

9:30 p.m. - "Zeus and Roxanne" (PG) A roguish dog named Zeus and a delightful dolphin named Roxanne form a unique relationship.

#### Sunday

7 p.m. - "Scream" (R)

#### Monday

7 p.m. - "Scream" (R)

#### Tuesday

7 p.m. - "Beverly Hills Ninja" (PG-13)

#### Wednesday

7 p.m. - "101 Dalmatians" (G) Starring Glenn Close, Jeff Daniels and Joely Richardson. A live remake of the classic Disney cartoon.

#### Thursday

7 p.m. - "Star Trek: First Contact" (PG-13) Starring Patrick Stewart and Jonathan Frakes. Captain and crew launch themselves into an adventure aboard the Starship Enterprise E as they encounter the Borg, a cybernetic life form that absorbs all other life.

#### April 11

7 p.m. - "Space Jam" (PG) Starring Michael Jordan and Bugs Bunny. Jordan helps the cartoon characters win a basketball game against a team from outer space.

9:30 p.m. - "In Love and War" (PG-13) Starring Sandra Bullock, Chris O'Donnell and Aviano Milcom. Wounded on a battle field in Italy, a Red Cross volunteer is taken to a hospital and cared for by an American nurse who saves his leg from amputation.



## Menu

### Knights Table

**Friday**  
Lunch: pepper steak, broccoli-and-turkey casserole, lemon-herbed chicken  
Dinner: beef-and-corn pie, roast turkey with barbecue sauce, vegetable curry

**Saturday**  
Lunch: spinach lasagna, broccoli-chicken-potato casserole  
Dinner: roast beef, turkey nuggets, Oriental chicken stir fry

**Sunday**  
Lunch: barbecued beef cubes, pineapple chicken  
Dinner: beef balls stroganoff, jaegerschnitzel, pork chops with apple rings

**Monday**  
Lunch: braised beef and noodles, savory baked chicken, vegetarian stuffed peppers  
Dinner: beef porcupines, mustard-dill baked fish, red beans and sausage

**Tuesday**  
Lunch: Swedish meatballs, gingered pork, crispy baked chicken  
Dinner: Yankee pot roast, grilled Polish sausage, chicken pancit

**Wednesday**  
Lunch: Cantonese spare ribs, sweet-and-sour pork, egg rolls  
Dinner: meat loaf, buffalo wings, turkey a la king

**Thursday**  
Lunch: Cajun baked fish, Salisbury steak, vegetable-topped chicken breasts  
Dinner: chicken adobo, stir-fry beef, baked stuffed pork chops

## Barracudas do well at swim meet

By SrA. Sarah Franco  
Public affairs

This year the Lakenheath Barracudas, which is made up of Lakenheath and Mildenhall family members and active-duty swimmers, had 16 swimmers make the qualification times to swim in the premier event in the county calendar.

"Getting 16 swimmers into the championships this year is quite an accomplishment and says a lot about the dedication and talent of our swimmers," said Keith McCain, head coach. "This represents the largest contingent we have taken to Ipswich in the six years that I have been associated with the team."

The Suffolk County Swimming Championships are held annually at the Ipswich Crown Pools. The meet is attended by approximately 600 swimmers from 13 teams around the county.

This year, the championships took place March 8, 9, 22 and 23. Although Suffolk County is not known as a powerhouse in British swim-

ming, Ipswich and Haverhill swim teams consistently produce numerous swimmers at the national and international level. Headlining this year's participant list was 1993 World Champion and 1996 Olympic finalist Karen Pickering from Ipswich.

Though a team score is kept, the meet is mainly about individual competition. It is run in a series of heats or preliminaries and finals with the top eight finishers in the preliminaries going on to the finals. Points are only awarded in the finals - 8 points to first down to 1 point for eighth.

"The majority of our swimmers did not make it to the finals but we had a good number that did and some of them made finals in multiple events," said McCain.

Thanks to some exceptional swimmers the Barracudas posted their best-ever eighth place finish out of the 13 teams at the meet.

The highest individual placing was third, achieved by Brian Winslow and Donald Odom.

Winslow earned his bronze medal in the 10-year-old 100-meter individual medley, while

Odom's was in the open-age group 100 meter butterfly.

The team's most valuable swimmer for the meet was Odom, who scored 26 points. Other point scorers were Winslow with 8 points; Rachell Morley and Joy Maddox - 5 points; Carmen Gessler and Keith McCain - 4 points; and Dana Shedlosky - 3 points.

"All of our people swam very well, even the ones that didn't make the finals. We had a lot of personal-best times and some were quite remarkable improvements," said McCain. "I'm very proud of all our swimmers. Swimming is a very individual pursuit but it takes a team effort to do the things we have accomplished this year. The championships were just the icing on the cake of a great year."

Anybody interested in swimming on the team can find them at the Lakenheath base pool from 3:30 - 5 p.m. Tuesdays and Thursdays and from 10 a.m. - noon Saturdays year-round. The club seeks more swimmers in all age groups - ages 8 - 80 at all levels of ability. Call Ext. 2815 for more information.



Photo by SrA. Jeff Capenos

### Tug of war!

Alan Larnach, 3rd Air Force rugby player, fights against Woodbridge players going for a try. The two teams met up Saturday during the Bury St. Edmunds rugby tournament. Woodbridge won the game 21 - 0.

## Jets score another win

By John Conroy  
Jets coach

Matching their highest score for the season, the Jets ice hockey team whitewashed the Sheffield Scimitars 24 - 0 Saturday at the Peterborough Ice Arena.

The Jets' record now stands at 13-8-3.

"Our guys were all over the ice," said Pete Murphy, team member. "It was like the Sheffield team wasn't even there."

The Jets swarmed over the ice and scored from all angles. Leading the Air Force attack were Rob Harris and Sean Green with four goals apiece.

"We skated hard both ways and our efforts paid off," said Mike Chinlund.

The Jets next play against the SHAPE Canadians from Brussels, Belgium, April 19 and 20 at Peterborough. For more information, call 89-4585.

## Sports Shorts

### Softball

The fast-pitch softball team seeks players to compete in the London men's fast-pitch league and in international tournaments on the European continent. For details, call Earl Hicks at Ext. 2169.

### Green fee registration

The golf course now renews annual memberships. For details, call Ext. 2223.

### Aero/golf promotion

The golf course and the aero

club offer a joint special during April. Purchase a discovery flight for \$25 at the aero club and receive a free round of golf and a lesson. For more information, call Ext. 3152 or 2223.

### Golf tournament

The Earth Day Challenge Cup golf tournament is April 18 at the golf course. Sponsors seek nine foursome teams from RAFs Lakenheath and Mildenhall. Entry fees are \$15 per person. For details, call Ext. 2583.